

222
top attractions

ENGRAVED ON MY HEART.

Natural areas.

Parks and nature reserves.

- 1 Binn Valley Nature Park, B8
- 2 Aletsch glacier, A8
- 3 UNESCO World Heritage Swiss Alps Jungfrau/Aletsch, A8
- 4 Aletsch Forest Nature Reserve, B8
- 5 Baltschiederl Reserve, C7
- 6 Europe's highest vineyard, Visperterminen, C7
- 7 Grundberg-Almagellerl Reserve, D7
- 8 Pfyn-Finges Nature Park, C5
- 9 Vallon de Réchy nature reserve, D5
- 10 Derborence nature reserve, C3
- 11 Haut val de Bagnes nature reserve, E4
- 12 Follatères nature reserve, Fully, D2
- 13 Trient Valley Nature Park, Salvan, D2
- 14 Lac de Taney nature reserve, Vouvry, C1

Geological sites.

- 15 Gold mine, Gondo, D8
- 16 Ice Palace, Zermatt, F6
- 17 Dala Gorge, Leukerbad, B5
- 18 Underground lake, St-Léonard, C4
- 19 Pyramids of Euseigne, D4
- 20 Durnand Gorge, Bovernier, E2
- 21 Trient Gorge, Vernayaz, D2
- 22 Fairy Cave, St-Maurice, C1

Alpine gardens.

- 23 Alpine Garden, Riederalp, B8
- 24 Medicinal plant garden, Ausserberg, C6
- 25 Ricola herb Garden, Zermatt, E6
- 26 Erschmatt Botanical Garden, C6
- 27 Japanese garden, Nendaz, D4
- 28 La Linnaea, Bourg-St-Pierre, F3
- 29 Alpine botanical garden Flore-Alpe, Champex-Lac, E3

Footbridges.

- 1 Goms Bridge, Ernen, B8
- 2 Jolischlucht, Niedergesteln, C6
- 3 Milibach, Unterbach, C6
- 4 Bhutanese bridge, Leuk, C5
- 5 Niour, Chippis, C5
- 6 Passerelle à Farnet, Saillon, D3
- 7 Viège Gorge, Troistorrents, C1
- 8 Troistorrents - Chenarlier, Troistorrents, C1
- 9 Jorette, Torgon, C1

Hiking routes.

Hike to a mountain hut.

- 1 Betterhorn - Hängebrücke Aspi-Titter, Bettmeralp, B8
- 2 Bortelhütte, Rosswald, C8
- 3 Lake Mattmark loop, Saas-Almagell, E7
- 4 Höhenweg Allmagelleralp, Saas-Grund, D7
- 5 Falleralp - Rundweg, Lötschental, B7
- 6 Höhenweg Schalb - Jungu, Embd, D6
- 7 Glacier trail and Lämmerenhütte, Leukerbad, B5
- 8 Cabane des Bacs de Bosson, Nax, D5
- 9 Sentier des Bouquetins, Hérémence, E4
- 10 Thyon - Grande Dixence, Thyon, D4
- 11 Balavaux larches, Nendaz, D3
- 12 Tour du Grand Chavalard, Ovronnaz, D3
- 13 Cabane Brunet - Cabane Fx8 Panossière, Fionnay, E4
- 14 Roc Coupé - Bonavaux - Champéry loop, D1
- 15 Lac de Taney trail, C1

Educational and botanical trails.

- 16 Salzgib chestnut grove, Mörel-Filet, B8
- 17 Saffron trail, Mund, C7
- 18 Glacier trail, Saas-Fee, D7
- 19 Dossen glacier garden, Zermatt, E6
- 20 Rebweg, Sierre, E6
- 21 Chemin des planètes (Planet trail), St-Luc, C5
- 22 Cep à la Cime trail, Chamoson, D3
- 23 Sentier botanique mille fleurs (botanical trail), Ovronnaz, D3
- 24 Châtaigneraie (chestnut forest), Fully, D3
- 25 Mont-Chemin mine trail, Verbier, D3
- 26 Chemin des blocs erratiques (erratic boulder), Monthey, C2
- 27 À saute-frontière (border-jumper trail), St-Gingolph, B1

Bisses (ancient irrigation channels).

- 1 Trusera, Ernen, B8
- 2 Bisse Chrummbacheri, Simplon, D8
- 3 Nesslerer - Obersta - Stigwasser, Blatten bei Naters, B7
- 4 Chilcheri - Eggeri, Grächen, D7
- 5 Manera - Stägaru - Luegeru, Ausserberg, C7
- 6 Alte Suon - Alte Etschler Suon - Habersuon, Büchen, C4
- 7 Ergisch and Tenneri, Ergisch, C6
- 8 Grand bisse de St-Luc and bisse Roux, St-Luc, C5
- 9 Benou - Varnersuon - Mengis, Venthône, C5
- 10 Vercorin, C5
- 11 Grand bisse d'Ayent, Anzère, C4
- 12 Clavau, Sion, C4
- 13 Lentine and Mont d'Orge, Saviese, C4
- 14 Bisse Vieux and du Milieu, Nendaz, D4
- 15 Salins, Nendaz, D4
- 16 Grand bisse de Vex, Veysonnaz, D4
- 17 Levron, Verbier, D3
- 18 Ravines, Verbier, E3
- 19 Champex-Lac, Champex, E2
- 20 Trient, E2

Golf courses.

- 1 Obergoms, A9
- 2 Riederalp, B8
- 3 Matterhorn, Randa, D6
- 4 Leuk-Susten, C6
- 5 Sierre, C5
- 6 Crans-Montana, C5
- 7 Sion, C4
- 8 Verbier, D3

Thermalism.

- 1 Salina Maria, Breiten-Mörel, B8
- 2 Brigerbad, C7
- 3 Leukerbad Therme, Walliser Alpentherme & Spa, Therme 51st, Leukerbad, B5
- 4 Tour du Grand Chavalard, Ovronnaz, D3
- 5 Cabane Brunet - Cabane Fx8 Panossière, Fionnay, E4
- 6 Bains d'Ovronnaz, D3
- 7 Bains de Saillon, D3

Train excursions.

- 1 Furka steam train, Oberwald, A10
- 2 Gornergrat Bahn, Zermatt, E6
- 3 Glacier Express, Zermatt, E6
- 4 VerticAlp, Emosson, E2

Mountain Bike Flowtrails.

- 1 Vast & Furious and Forest Bump, Bellwald, B8
- 2 Wurzenbord, Bettmeralp, B8
- 3 Trift, Saas-Grund, D7
- 4 Grächen, D7
- 5 Loichi Trail, Lauchernalp, B6
- 6 Sunnegga, Moos-Trail et Riffelberg Trail, Zermatt, E6
- 7 Jales-Flow et Deleschi-Flow, Leukerbad, B5
- 8 Family Trail et Crêt-du-Midi, Vercorin, C5
- 9 Montana-Village - Loc, Crans-Montana, C5
- 10 La Tzoumaz, D3
- 11 Tsenelle - La Chaux, Verbier, E3

Bike routes.

- 1 Route du Rhône, A10
- 2 Valais Cycling Tour: Oberwald - Brig, A9
- 3 Valais Cycling Tour: Brig - St-Luc, C8
- 4 Vineyard Trail, D2, C5
- 5 Valais Cycling Tour: Leukerbad - Oberwald, B5
- 6 Valais Cycling Tour: St-Luc - Veysonnaz, C5
- 7 Valais Cycling Tour: Crans-Montana - Leukerbad, C5
- 8 Valais Cycling Tour: Sion - Crans-Montana, C4
- 9 Valais Cycling Tour: Veysonnaz - Verbier, D4
- 10 Valais Cycling Tour: Verbier - Champéry, D3
- 11 Valais Cycling Tour: Champéry - Le Bouveret, D1
- 12 Valais Vélo Tour: Le Bouveret - Sion, B1

Dams.

- 1 Gibidum, Blatten, Balalp, Naters, B8
- 2 Mattmark, Saas-Almagell, E7
- 3 Moiry, Grimentz, D5
- 4 Tseuzier, Ayent, B4
- 5 Cleuson, Nendaz, D4
- 6 Grande Dixence, Hérémence, E4
- 7 Mauvoisin, Verbier, E4
- 8 Les Toules, Bourg-St-Pierre, F3
- 9 Emosson, Finhaut, E2
- 10 Salanfè, Savlan, Les Marécottes, D2

Parks.

Adventure parks.

- 1 Adventure Park, Fiesch, B8
- 2 Baschweri Adventure Park, Bettmeralp, B8
- 3 Adventure Park, Blatten-Belalp, B7
- 4 Adventure Forest, Saas-Fee, D7
- 5 Forest Fun Park, Zermatt, E6
- 6 Adventure Forest, Vercorin, C5
- 7 Fun Forest, Crans-Montana, C5
- 8 AlpinLine, Hérémence, E4
- 9 RealFly Indoor Skydiving, Sion, C4
- 10 Adventure Park & Alais Bay, Domaines des Iles, Sion, D4
- 11 Mont 4 Zipline, Nendaz, Verbier, E4
- 12 Suspension trail, Verbier, E3
- 13 Tyrolennes La Broya, Champex-Lac, E3
- 14 Suspension trail, La Fouly, F2
- 15 Tyrolienne EMOSSIONelle, Finhaut, E2
- 16 Organic Adventurer Parc, Champéry, D1

Amusement parks.

- 17 Happyland, Sierre, C5
- 18 Western City, Martigny, D2
- 19 Labyrinthe Adventure, Evionnaz, D2
- 20 Aquapark, Le Bouveret, B1
- 21 Swiss Vapeur Parc, Le Bouveret, B1

Animal parks.

- 22 Rencontrer les Marmottes, Saas-Fee, D7
- 23 Arche des Crétilons, Chalais, C5
- 24 Mini Zoo de Jorasse, Ovronnaz, D3
- 25 Parc zoologique alpin, Les Marécottes, D2

Culture.

Museums.

- 1 Pro Natura Villa Cassel, Riederalp, B8
- 2 World Nature Forum, Naters, C7
- 3 La Caverna, Naters, C7
- 4 Lötschentaler Museum, Kippel, B6
- 5 Matterhorn Museum, Zermatt, E6
- 6 Wine Museum, Sierre - Salgesch, C5
- 7 Opale foundation, Lens, C5
- 8 Bisses Museum, Ayent, C4
- 9 Fellini Foundation, Sion, C4
- 10 Cantonal Museums, Art Museum, Nature Museum, Sion, C4
- 11 Fondation Pierre Gianadda, Martigny, D2
- 12 Barryland, Martigny, D2
- 13 Parish Church Birth of Mary, Reckingen, A9
- 14 Chaplaincy residence and St. George's Parish Church, Ernen, B8
- 15 Stockalperschloss, Brig, C7
- 16 Castle Church and Rainer Maria Rilke's final resting place, Raron, C7
- 17 Historic mills, St-Luc, Anniviers, C5
- 18 Château Mercier/Rainer Maria Rilke Foundation, Sierre, C5
- 19 St-Nicolas Church, Hérémence, D4
- 20 Valère and Tourbillon Castles, Sion, C4
- 21 Couvent Les Capucins, Sion, C4
- 22 Roman ruins, Martigny, D2
- 23 Grand St-Bernard Hospice, kennel and treasure chamber, F3
- 24 St-Maurice Abbey and its treasure, C2
- 25 St-Maurice Castle, C2
- 26 Romanesque Church, St-Pierre-de-Clages, D2

Patrimony.

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Winter sports.

Winter hikes.

- 1 Moosfluh - Riederalp, Riederalp, B8
- 2 Britanniahütte, Saas-Fee, E7
- 3 Blauherd-Fluhalp, Zermatt, E6
- 4 Tignousa - Hôtel Weisshorn, St-Luc, C5
- 5 Loutze, Ovornaz, C3

Snowshoeing.

- 6 Rosswald - Fleschboden, Rosswald, C8
- 7 Women's Quotation snowshoe trail, Unterbach, C6
- 8 Panoramaweg Rottenboden, Zermatt, E6
- 9 Plan Beau, Liddes/Vichères, E3
- 10 Champoussin - Frâchette, Champoussin, C1

Hiking parks - back-country skiing.

- 11 Belalp, B7
- 12 Anniviers, C5
- 13 Arolla, E5
- 14 Anzère, C4
- 15 Nendaz, D4
- 16 Les Marécottes, D2
- 17 Morgins, C1

Cross-country ski trails.

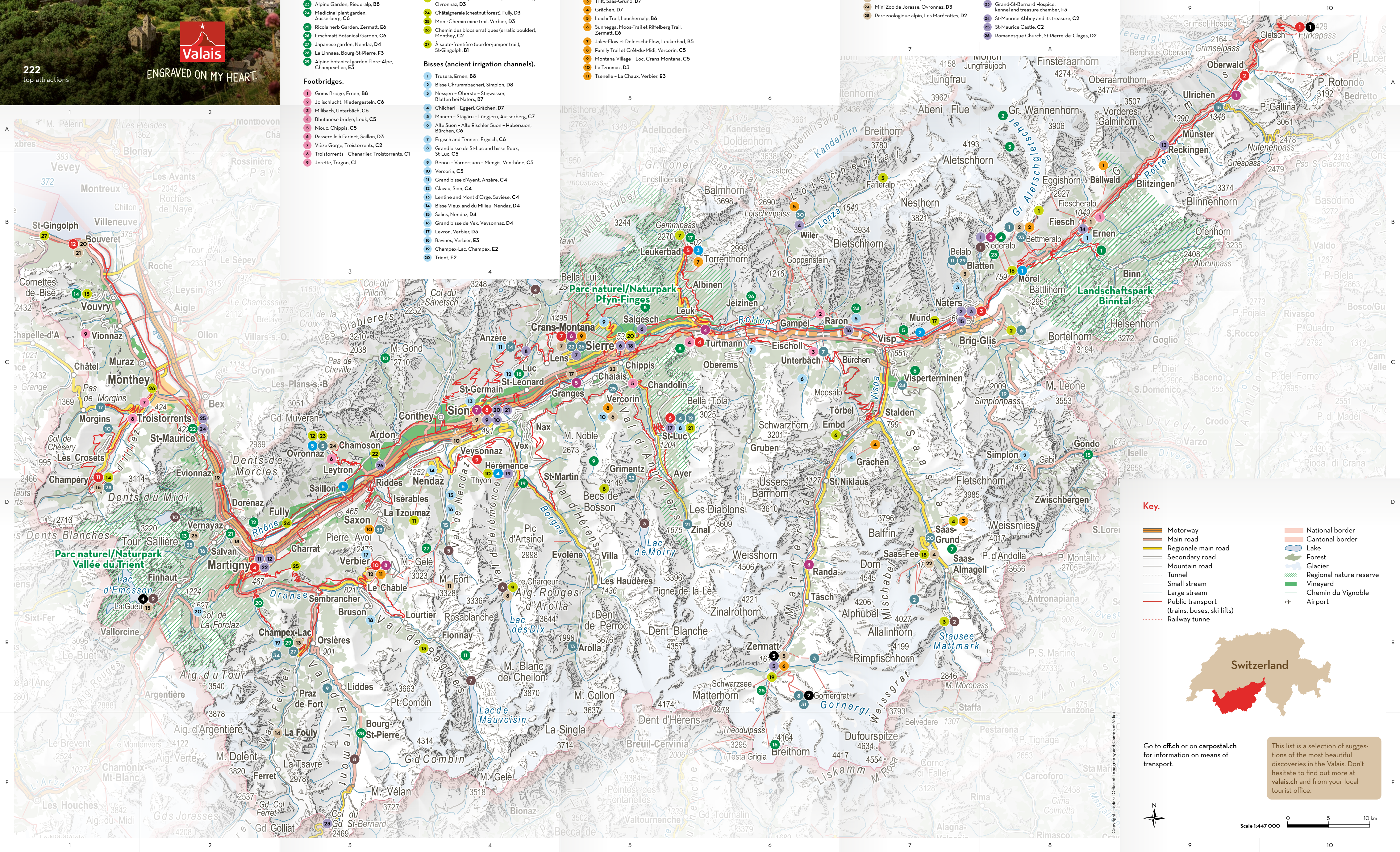
- 1 FIS racetrack, Ulrichen, A9
- 2 Simplon, Simplon Pass, C8
- 3 Saas, Saas-Grund, D7
- 4 Grande boucle des Plats de la Lée, Zinal, D5
- 5 Moubra, Crans-Montana, C5

Ice rinks.

- 23 Bachlla, Bettmeralp, B8
- 24 Bodumatte, Visperterminen, C7
- 25 Le Lavioz, Vercorin, C5
- 26 Centre Ycoor, Crans-Montana, C5
- 27 Lac, Champex-Lac, E3
- 28 Palladium, Champéry, D1

Toboggan runs.

- 29 Belalp - Blatten, B7
- 30 Lauchernalp - Wiler, B6
- 31 Gornergrat, E6
- 32 Grimentz, D5
- 33 La Tzoumaz, D3
- 34 Champex-Lac, E3
- 35 Les Marécottes, D2



Key.

- Motorway
- Main road
- Regional main road
- Secondary road
- Mountain road
- Tunnel
- Small stream
- Large stream
- Public transport (trains, buses, ski lifts)
- Railway tunnel
- National border
- Cantonal border
- Lake
- Forest
- Glacier
- Regional nature reserve
- Vineyard
- Chemin du Vignoble
- Airport

Go to ch.ch or on carpostal.ch for information on means of transport.

This list is a selection of suggestions of the most beautiful discoveries in the Valais. Don't hesitate to find out more at valais.ch and from your local tourist office.



Scale 1:447 000



Valais at a click.

E-shop. Looking for activities, accommodation, a ski lift ticket or an overnight stay? Whether for a day, a weekend or several days, you're sure to find it in our e-Shop. Solo, with friends, as a couple for a romantic break, with the family, for a skiing, cycling or wellness break, the hardest part will certainly be to choose.

visitvalais.ch/shop

Merchandising Valais. Looking for a backpack for a hike up to the mountain peaks, wine glasses or even a raclette set for fun moments with friends and family? Take a look at our awesome Valais-branded items including clothing, accessories and so much more! Discover Valais from another perspective and express your love for our region loud and clear by using a favourite item from our collection.

valais.ch/en/merchandising

Hikes.

Walking is one of the most popular activities in Valais. With almost 9,000 km of marked trails, hikers can enjoy themselves to their heart's content, whether in the mountains, through larch forests, nature parks, over footbridges, along historic stretches or wine trails. Valais offers a wide choice of activities for both sporty walkers and strollers alike. There are also a number of paths accessible to people with reduced mobility, as well as picturesque themed trails where flora and fauna can be observed at close quarters. In order to offer all trail users a place to get away from it all and share unforgettable moments, whether on foot or mountain bike, respecting nature and agriculture is paramount, as is promoting cohabitation between hikers and mountain bikers.

visitvalais.ch/hiking

The bisses, inexhaustible sources of life.

For over 700 years, the bisses, Valais' historic irrigation canals, have carved out the arid surrounding landscapes, sometimes with daring layouts, to carry fresh glacier water to meadows, vineyards and orchards. Many of the hiking trails along these canals are perfect for a variety of walks along historic paths. An unforgettable stroll along the water's edge!

visitvalais.ch/bisses

A paradise for cyclists.

Cycling enthusiasts, whether amateur or experienced, will find Valais to be a veritable paradise for this sport. With paths winding through vineyards, perfectly marked cycle paths and spectacular mountain passes, Valais offers more than 2,000 kilometres of suitable routes and adventurous trails.

Valais is also the best place for enjoying gravel biking and riding on all types of terrain while making the most of the pure mountain air, breathtaking panoramas and varied trails with a single bike.

Reach the summits by alternating between scenic roads and mountain paths or set off on rolling trails to delight in the Rhône valley's green vineyards.

visitvalais.ch/cycling

Valais, a playground for mountain bikers!

A true paradise for all adventurers, Valais is a huge playground for mountain bikers. Perfectly marked trails, dreamy single-trails, bike parks, pumptracks and flowtrails tempt beginners and two-wheeled specialists alike to exercise their talents. And to get to the top of the mountain more quickly, public transport and more than a hundred ski lifts enable mountain bikers to get the most out of a day's mountain biking with the least possible effort. Mountain biking capital of the world in 2025, Valais hosted the 2025 UCI Mountain Bike World Championships, bringing together all mountain biking events in a single region for the first time in history.

In order to offer all trail users a place to get away from it all and share unforgettable moments, whether on foot or mountain bike, respecting nature and agriculture is paramount, as is promoting cohabitation between hikers and mountain bikers.

visitvalais.ch/bike

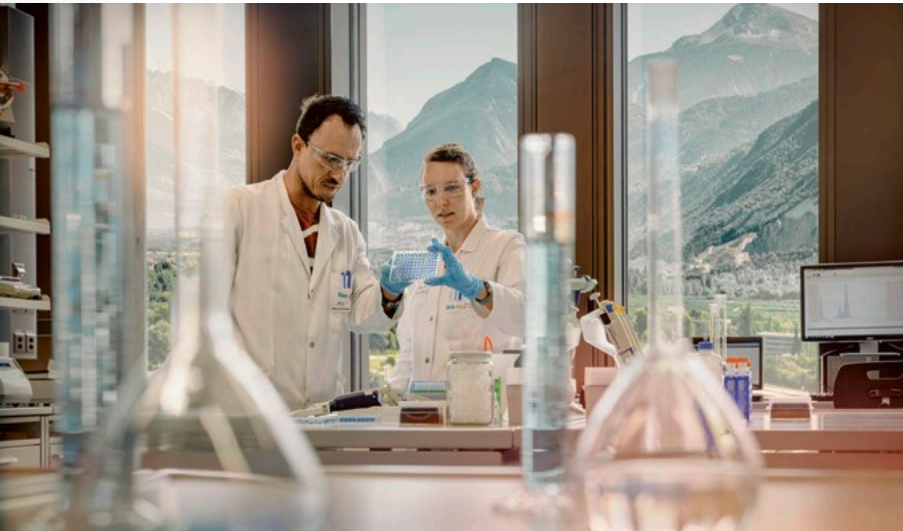
Valais, the most beautiful of all seasons.

Nestled in the heart of the Alps, Valais is a multi-faceted valley. Between plains and mountains, vineyards and rocks, tradition and innovation, every corner of the canton is an open invitation to relax and enjoy the good things in life. A veritable playground for young and old, sports enthusiasts, gourmets and families alike, the region offers a variety of activities, both accessible and intense, to discover with friends, family or on your own. It's the perfect place to make memories that will remain engraved in your heart. Each season, Valais reveals its beauty. To ensure it lasts, discover the Alpine Manifesto.

www.visitvalais.ch/alpine-manifesto

Summertime, intensely: Enchanting forests, emerald-green waters, unspoilt nature: the sun's generous rays enhance Valais' fabulous landscapes with their soft light. You'll be captivated by all the nuances of this region, to be discovered in a multitude of ways. Whether you choose to hike, cycle or mountain bike, it's up to you to create your own summer memories in the heart of the most majestic peaks in the Alps.

Shimmering autumn: Golden larch, mouth-watering flavours, enchanting landscapes: autumn in Valais conquers the hearts of adventurers, families and epicureans alike. Adorned in all her finery, nature puts on a breathtaking show, enhanced by the incredible light of autumn days under azure skies from which the majestic 4,000 Valais peaks stand out so wonderfully. It's also during this season, when



World of wellbeing and relaxation.

Nowhere will you feel as close to the towering peaks draped with glaciers as in Valais. Pure mountain air makes for scintillating vistas by day and starfilled skies by night. Boundless horizons, pristine nature and blissful tranquillity refresh body and soul. From deep under the mountains, mineral-rich waters emerge at hot springs that supply thermal baths and stylish spas throughout Valais, promising total relaxation. Experience the pure energy of the Alps in a uniquely uplifting setting: you'll feel on top of the world.

visitvalais.ch/wellbeing

A cradle of innovation and ideal for living, working and studying.

Valais is an unparalleled place to live and work, an industrial production site and a major exporter. Its assets range from bilingualism to an unspoilt natural environment with a Mediterranean climate, a lower cost of living, advantageous working conditions and an attractive economy. As a land of innovation, Valais meets progress on a daily basis, be it with top training and study courses, cutting-edge technologies or future-oriented competence centres. Whether family-owned SMEs, young start-ups or international corporations, the canton offers industrial and technology companies an outstanding incubator. Because in Valais, the future is the present.

visitvalais.ch/living-working

Ski and snowboard.

If you love skiing, you'll love Valais! Not only do the majestic 4,000-metre mountains create an impressive panorama, but they also provide a unique setting in which to experience winter sports. The possibilities are endless. That's because Valais has the highest-altitude ski regions in Switzerland and can therefore offer a unique guarantee of snow on over 2,000 kilometres of slopes.

visitvalais.ch/ski

Winter hiking.

It's possible to enjoy the delights of winter in Valais at a more leisurely, relaxed pace. A hike through snowy forests or a snowshoe trek through an Alpine landscape help body and soul find their equilibrium. Not only do the majestic 4,000-metre mountains create an impressive panorama, but they also provide a unique setting in which to experience winter sports, with beautiful trails leading through forests, over wide snowfields and along the impressive towering peaks.

visitvalais.ch/winter-hiking



Free map: may not be offered for sale. Printed in Valais, Switzerland (2025)



Cultural, mystical Valais.

Valais is proud of its cultural heritage and has many exciting stories to tell. Each region in the canton has its own customs, traditional costumes and culinary specialities that have been passed down for generations. Its historical sites, castles, fortresses, churches, museums and sun-burned Valais houses tell of a glorious past. Not to mention the bisses, the historical irrigation channels that are true emblems of Valais. As a melting pot of different cultures, Valais inspires artists from near and far as well as guests from all over the world. This Alpine valley with its lively traditions is extremely versatile. Don't miss a world bursting with creativity and be sure to experience the numerous cultural events.

visitvalais.ch/culture

Family fun.

Valais is an ideal destination for families. Countless activities, offers and facilities are specially designed for children and adults to enjoy together, for magical moments of relaxation. Families discover walks and bike rides of all levels, from treasure hunts to mountain hikes with a night at a mountain cabin. Youngsters adore this vast outdoor playground, which encourages them to burn off energy in the open air and explore the world around them. Adults appreciate the captivating landscapes, the tranquillity and the chance to commune with pristine nature. All this makes Valais the ideal location for sharing enchanting experiences together as a family.

visitvalais.ch/family

Wine tourism.

With vineyards covering 4,700 hectares, Valais is the largest wine-making region in Switzerland: magnificent landscapes with unusually sunny hillsides, 55 grape varieties that form the basis for a number of great wines, and traditions that lend them character and identity.

visitvalais.ch/winetourism

The Valais brand label.

The Valais brand label certifies high-quality products from regional producers who care about their impact on the environment.

- Supports the local economy
- Local ingredients and expert knowledge
- Product quality
- Producers' civic commitment
- Independent controls

visitvalais.ch/brand



Unmistakable flavours of Valais.

Robust wines with mineral notes, cheeses with floral undertones, vitamin-rich fruit and vegetables, characterful salted meats and rare spices – Valais is home to a large number of local specialities that taste simply wonderful. From the flatlands of the Rhône valley to the mountain pastures, not forgetting the sun-kissed orchards, the canton is a garden of delights. Nicknamed the "prince of the orchard", apricots are one of the region's flagship products. Raclette du Valais PDO, Valais rye bread PDO, Valais dried meat PGI, Abricotine PDO and white asparagus are others of the canton's emblematic products.

At the "Saveurs du Valais" (Flavours of Valais) restaurants, you can try seasonal local food and enjoy Valais specialities made from traditional recipes. Valais is also a veritable paradise for gourmets, however, as a glance at the famous gastronomic guides swiftly reveals. With stars, points and other distinctions crowning the jewels of Valais gastronomy, these countless, incredibly welcoming venues contribute to the culinary wealth of the region.

visitvalais.ch/flavour